Terminology

Asexual: A sexual orientation where a person does not experience sexual attraction or desire to partner for the purposes of sexual stimulation.

Cisgender: 1) A person whose gender identity is aligned to what they were assigned at birth; 2) A non-trans person.

Gender Confirming Surgery: Surgical procedures that alter or change physical sex characteristics in order to better express a person's inner gender identity.

Gender Pronouns: consciously chosen set of pronouns that allow a person to accurately represent their gender identity in a way that is comfortable for them.

Heteronormativity: the systems of widespread, dominant, and societal ideology that require and normalize heterosexuality and prescriptive gender roles. Heteronormativity assumes the alignment of (cis-)sex, (normatively performed cis-) gender, and (heterosexual) sexuality and enforces it.

Intersectional Identities: The unique combination of individuals' multiple social groups (e.g., race, ethnicity, gender, sexual identity, gender, age, religion) and the identification, experiences, and worldviews that result from this combination.

Intersex: is a variation in sex characteristics including chromosomes, gonads, or genitals that do not allow an individual to be distinctly identified as male or female.

Latinx: Relating to people of Latin American origin or descent (used as a gender-neutral or non-binary alternative to Latino or Latina).

LGBTQ* Lesbian, gay, bisexual, transgender, queer and questioning. The asterisk makes further effort to include the entire spectrum of gender and sexuality, regardless of whether a label presently exists.

Non-Binary referring to gender identities that do not adhere to a male/female binary, and instead fall outside of that binary in some way.

Pansexual: a sexual orientation characterized by a potential aesthetic attraction, romantic love and/or sexual desire for any person, including those do not fit into the gender binary.

Queer: umbrella term for those who are not heterosexual.

They/Them/Their: used for individuals as gender-neutral pronouns.

Transgender: An umbrella term for people whose gender identity and/or gender expression differs from what is typically associated with the sex they were assigned at birth.

Two Spirit: umbrella term for LGBTQ+ Native Americans.